



WORKPLACE WELLBEING

As your professional association, the Vermont Pharmacists Association is aware that many pharmacy teams are struggling with burnout, workplace challenges, stress, anxiety, and not feeling so "well". We have partnered with national organizations to collect data and will continue to have conversations with pharmacy teams in Vermont to understand what you are experiencing, and ideas for improving workplace wellbeing and patient care. To make a difference, we need to hear from individuals who are affected.

1

FILL OUT THE PHARMACY WORKPLACE AND WELL-BEING REPORTING TOOL

This anonymous and confidential tool, created by APhA and NASPA, allows you to provide detailed information about pharmacy workplace practices, both positive and negative. The situations that you and your colleagues' report will help to tell a collective, powerful story that can spark change and improvement in well-being and patient safety. The results will be aggregated to create a pool of data used to influence and educate pharmacy leaders, government officials, and the public as well as advance meaningful and actionable changes.

PWWR Tool

2

BECOME AN ADVOCATE THROUGH THE VERMONT PHARMACISTS ASSOCIATION

We will continue to have meetings discussing this topic. To find out when the meetings occur, or to share your story, please email us - VPAManager@gmail.com



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3

DIRECTLY CONTACT THE VERMONT BOARD OF PHARMACY

The Vermont Office of Professional Regulation is dedicated to the protection of the public and considers operating pharmacies in an unsafe manner unprofessional conduct. If you feel that patient safety is being jeopardized by current work conditions, [please contact the Vermont Board of Pharmacy and Office of Professional Regulation.](#)

Collected Data

National Pharmacy Workplace Survey
(Reports are at the bottom of the webpage)

District 1 (Vermont) Pharmacist Well-Being Index Results

Research: Policy solutions to address community pharmacy working conditions



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Additional Resources

[HPSO: The Pharmacist's Guide To Recognizing and Preventing Burnout](#)

[APhA: Well-being Site Well-Being Index](#)
(Invitation Code: APhA-Membership not required to use)

[Moodfit: Tools and Insights for Your Mental Health](#)

[APhA: Well-being During COVID-19](#)

[National Academy of Medicine: Clinician Resilience and Well-being](#)

[Elisabeth Rumley: Pharmacist Burnout and What You Can Do About It](#)

[National Consensus Conference: Enhancing Well-being and Resilience Among the Pharmacist Workforce](#)

[VT CRISIS TEXT LINE](#)

Text "VT" to 741741
Suicide Prevention Lifeline:
800-273-TALK (800-273-8255).



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vtparmacists.com



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Contact us via email at VPAManager@gmail.com