



**Vermont Pharmacists Association
Spring Meeting**

***Sunday, April 3, 2016
7:00 a.m. – 3:30 p.m.***

***Opioid Epidemic – What Community Pharmacists Need to
Know: Myths, Truths and Actions***

Program Location:

**Holiday Inn-Rutland
476 Holiday Drive
Rutland, VT 05701**

**This program is dedicated in the memory of
Zachary Marmar**



VPA Spring Meeting

AGENDA

7:00 – 8:00 AM

Registration, Continental Breakfast, Exhibits, Welcome

8:00 – 9:00 AM

Opioid Epidemic: Vermont State of the State

Harry Chen, MD

Commissioner, Vermont Department of Health

Burlington, VT

At the completion of this activity, the participant will be able to:

- Recognize the challenges of opioid addiction in Vermont
- Recall the current trends in opioid misuse, abuse, dependence and death
- Describe the problem of neonatal abstinence syndrome (NAS) in the state
- Identify Vermont's public health strategy to counter the health, social and economic consequences of this problem

9:00 – 10:30 AM

Treatment and Recovery Options for the Opioid Epidemic

Kurt White, LADC, LICSW

Clinical Manager

Brattleboro Retreat

Brattleboro, VT

At the completion of this activity, the participant will be able to:

- Identify how the opioid epidemic developed and worsened in the region, and the obstacles to its resolution
- Differentiate treatment options for opioid addiction, including the process of withdrawal management, types of agonist and antagonist therapies, and the levels of treatment available from counseling to long-term residential treatment
- Explain the common problems that can co-occur with addiction, including predisposing factors, trauma, other mental health and addictive illnesses, stigma, and ways that these can complicate the treatment picture
- Recognize special situations that may develop in this population and its management, including legal issues and crime, impaired professionals, and ways that pharmacists can be most helpful to prescribers

10:30 – 11:00 AM

Break and Exhibits

11:00 – 12:00 PM

Business Meeting

12:00 – 1:00PM

Lunch and Exhibits

1:00 – 2:00PM

Risk Mitigation Strategies for Pharmacists to Combat the Opioid Epidemic

Jacqueline Pratt Cleary, PharmD, PGY-2 Pain and Palliative Care Resident

Stratton VA Medical Center

Albany, NY

At the completion of this activity, the participant will be able to:

- Discuss risk mitigation strategies prior to initiating opioid therapies
- Review utilization of urine drug screens, serum drug levels, and pharmacogenomics testing for chronic opioid patient
- Recognize risks associated with opioid conversions and morphine equivalence calculations
- Apply the risk index for overdose or serious opioid induced respiratory depression (RIOSORD) tool to identify patients for opioid induced respiratory depression (OIRD)

2:00 – 3:00PM **Understanding Individuals with Severe Opioid Use Disorder**

Edward Baker, LICSW, LADC
Addiction Education Specialist
Burlington Labs
Burlington, VT

At the completion of this activity, the participant will be able to:

- Acquire new knowledge relevant to the disease of opioid addiction, its treatment, and recovery
- Formulate a list of new beliefs regarding the disease of addiction and recovery
- Adopt one or two new approaches that they will apply to their work with this population

3:00 – 3:30 PM **AWARxE – Get Informed – Prescription Drug Safety**

Anita Young, EdD
Director of Continuing Pharmacy Education
Northeastern University – Bouve College of Pharmacy
Boston, MA

At the completion of this activity, the participant will be able to:

- Describe the purpose of the AWARxE Program
- Identify resources available to pharmacists to help combat the drug abuse epidemic
- Recognize potential causes of the drug abuse epidemic facing our families, community, and country

3:30 PM **Adjourn**

Activity Goals: The goal of the program are to improve the knowledge, skills and attitudes of practicing pharmacists relative to the prevention and treatment of opioid abuse and addiction.

Activity Type: Knowledge based

Continuing Education Credit: Continuing Education credit has been approved for **0.5 live continuing education units (CEUs)/5 contact hours of live continuing education**. Program participants must sign in at registration, and complete the program evaluations and learning assessments on the ACPHS Learning Management System (LMS) in order to receive CPE credit through CPE Monitor. You will have 30 days from the date of the program (or May 3, 2016) to complete the post-program evaluations.

Directions for accessing the ACPHS LMS will be included with your handouts on the day of the program.

Target Audience: Pharmacists, pharmacy students, and pharmacy technicians. [This program is not ACPE accredited for pharmacy technicians; however technicians can receive a statement of credit]

Statement of Disclosure: In accordance with ACPE Standards, ACPHS requires that speakers disclose any relationships that they may have with commercial interests whose products or services may be mentioned in their presentations.

The Vermont Pharmacists Association reserves the right to cancel a program due to unforeseen circumstances.



Albany College of Pharmacy and Health Sciences is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education:

UAN #s

- 0045-9999-16-012-L04-P / 1 Contact Hour
- 0045-9999-16-010-L01-P / 1.5 Contact Hours
- 0045-9999-16-008-L01-P / 1 Contact Hour
- 0045-9999-16-009-L01-P / 1 Contact Hour
- 0045-9999-16-011-L01-P / 0.50 Contact Hours

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Please register early to allow for better planning.
Walk-ins are welcome. No refunds

Name: _____

Address: _____

City/St/Zip: _____

Phone (Day): _____

E-mail: _____

e-Profile ID#: _____ MM/DD of Birth: ____/____

Meal Preference: Carnivore Herbivore

Payment Information:

- Check for \$ _____ payable to Vermont Pharmacists Association
Check # _____
- Payment online via PayPal at www.vtpharmacists.com

Mail check and completed registration form to:

Vermont Pharmacists Association
P.O. Box 818
Milton, VT 05468

For questions or more information contact:
James Marmar, Executive Director
vtpa@sover.net
877-483-2646 or 802-457-1306 (w)

Program Fees:

VPA Members.....\$150
Non-VPA Members..... **\$350** (inc membership)
VPA Pharmacy Technicians.....\$150
Non-VPA Pharmacy Techs....**\$185** (inc membership)
VPA Student Members\$10
NH/NY Pharmacists (membership waived).....\$150

Thank You!