

**Activity Goals:** The goals of the program are to:

- 1) Specify the acute and long-term complications of the diabetes
- 2) Summarize the updated national guidelines for diabetes management and related disorders
- 3) Identify newly approved diabetes medications
- 4) Describe blood glucose monitoring device use to improve health outcomes for patients with diabetes
- 5) Recall diabetic food care methods & therapies

**Activity Type:** Knowledge based

**Continuing Education Credit:** Continuing Education credit has been approved for **0.5 live continuing education units (CEUs)/5 contact hours of live continuing education.**

Program participants must sign in at registration and fully complete the program evaluation on the ACPHS CPE website within 21 days of the program in order to receive credit for this activity. The on-line evaluation includes a program and individual speaker evaluations. Statements of credit will be available through the NABP CPE Monitor website.

**Target Audience:** Pharmacists, student pharmacists, and pharmacy technicians. [This program is not specifically accredited for certified pharmacy technicians; however technicians may request a printed statement of credit]

**Statement of Disclosure:** In accordance with ACPE Standards, ACPHS requires that speakers disclose any relationships that they may have with commercial interests whose products or services may be mentioned in their presentations.

The Vermont Pharmacists Association reserves the right to cancel a program due to inclement weather or insufficient registrations.



Albany College of Pharmacy and Health Sciences is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education

**UAN #s**

0045-9999-15-017-L01-P 1 hr  
0045-9999-15-018-L01-P 1 hr  
0045-9999-15-019-L01-P 1 hr  
0045-9999-15-020-L01-P 2 hrs.

Vermont Pharmacists Association  
P.O. Box 818  
Milton, VT 05468

Return service requested



**Vermont Pharmacists Association**

***Spring Meeting***

***Sunday, May 31, 2015***

***7:00 a.m. – 3:00 p.m.***

***Knowledge-based  
Continuing Pharmacy Education Activity***

**Program Location**

**Capitol Plaza Hotel & Conference Center**

100 State Street  
Montpelier, VT 05602  
(802) 223-5252



7:00 – 8:00 AM Registration, Continental Breakfast, Exhibits, Welcome

8:00 –9:00 AM **Blood Glucose Monitoring Device Workshop**  
Elizabeth Higdon, PharmD  
Pharmacy Practice Laboratory Instructor – Albany College of Pharmacy and Health Sciences  
Objectives: Upon the completion of this activity the participants should be able to:  
1. Demonstrate how to use several of the most common blood glucose (BG) meters  
2. Describe how to choose a blood glucose meter based upon patient needs and limitations  
3. Train diabetic patients how to monitor their blood glucose levels for improved glycemic control

9:00 – 9:30 AM Break and Exhibits

9:30 -10:30 AM **Diabetic Foot Care**  
Stephen J. Merena, DPM  
Assistant Professor – Department of Orthopedics and Rehabilitation  
University of Vermont College of Medicine  
Objectives: Upon the completion of this activity the participants should be able to:  
1. Describe essential elements of diabetes foot screening and risk stratification tools  
2. Identify self-care products which may benefit diabetic foot care  
3. Explain the role of the community pharmacist in educating diabetic patients on proper foot care

10:30 – 11:30 AM **Update in the Management of Diabetes: GLP-1 Agonists, SGLT-2 Inhibitors and New Insulins**  
Michael Kane, PharmD, FCCP, BCPS, BCACP,  
Professor of Pharmacy Practice – Albany College of Pharmacy and Health Sciences  
Objectives: Upon the completion of this activity the participants should be able to:  
1. Describe mechanism of action of glucagon-like peptide-1 (GLP-1) agonists and sodium-glucose cotransporter-2 (SGLT-2) inhibitors  
2. Recall current data on the use of GLP-1 agonists and SGLT-2 inhibitors in the treatment of type 2 diabetes  
3. Explain the clinical utility of the new formulation of inhaled insulin compared to subcutaneous insulin  
4. Compare and contrast insulin glargine U100 with insulin glargine U300  
5. Outline the important patient counseling points for these new agents in order to improve therapeutic outcomes

11:30 – 12:15 PM Business Meeting

12:15 – 1:00 PM Lunch and Exhibits

1:00 – 3:00 PM **Acute and Long Term Complications of Diabetes and the 2015 ADA Diabetes Guidelines**  
Emily Sutton, PharmD  
Assistant Professor of Pharmacy Practice – Albany College of Pharmacy and Health Sciences  
Objectives: Upon the completion of this activity the participants should be able to:  
1. Specify the course of action to manage acute diabetes complications  
2. Describe the long term complications of diabetes, their treatment and impact on care  
3. Recognize critical new treatment guidelines in the Standards of Medical Care in Diabetes – 2015  
4. Inform and educate diabetic patients on the complications related to their disease and the latest practice guidelines to improve diabetes outcomes

3:00 PM Adjourn

**VPA Spring Meeting 2015**  
**Sunday, May 31, 2015**

**Registration deadline: May 29, 2015**

Please register early to allow for better planning. Walk-ins are welcome. No refunds

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Phone (Day): \_\_\_\_\_

E-mail: \_\_\_\_\_

e-Profile ID#: \_\_\_\_\_ MM/DD of Birth: \_\_\_\_/\_\_\_\_

Meal Preference  Carnivore  Herbivore

**Payment Information:**

- Check for \$\_\_\_\_\_ payable to Vermont Pharmacists Association  
Check # \_\_\_\_\_
- Payment online via PayPal at [www.vtpharmacists.com](http://www.vtpharmacists.com)

Mail check and completed registration form to:  
**Vermont Pharmacists Association**  
P.O. Box 818  
Milton, VT 05468

For questions or more information contact:  
James Marmar, Executive Director  
[vtpa@sover.net](mailto:vtpa@sover.net)  
877-483-2646 or 802-457-1306 (w)

**Fees/Refund Information (check one)**

- VPA Member.....\$125
- Non-VPA Member..... \$275 (inc membership)
- VPA Pharmacy Technician.....\$125
- Non-VPA Pharm Tech....\$160 (inc membership)
- VPA Student Member.....\$10